

## Influenza Vaccination

# Free On-Site Flu Vaccination Clinic

Administered by an Independent Community Pharmacist

Ages 2  
& UP

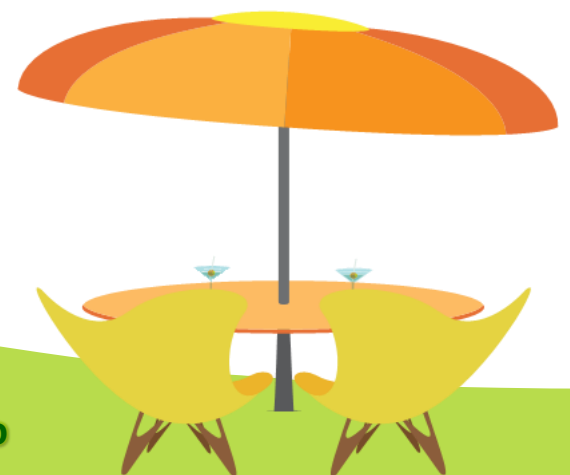
Location: St. Stephen's Elementary

Time: Friday, November 3rd \*\*2:45pm—6:00pm\*\*



### Flu shots are free for all Nova Scotians

- \* **The vaccine contains no living virus and therefore cannot cause the flu**
- \* **Influenza can increase your risk of pneumonia, heart disease related hospitalization, and stroke**
- \* **Every year in Canada it is estimated that 10-20% of the population will become infected leading to over 12 200 hospitalizations and 3500 deaths**
- \* **Getting vaccinated can help protect those around you from becoming sick**



- \* **It is recommend that recipients stay at the clinic site for 15 minutes post-vaccination to ensure no reaction occurs** (ex. Dizziness can occur after any injection)
- \* **Vaccination site is the Deltoid muscle (upper arm near shoulder), a sleeveless shirt is recommended for site access, or arm can be removed from a sleeved shirt**